

# PROGRAMME

The English Event, Leighton Park, Berkshire | 12th -18th August 2013



## DAILY AFTER DINNER

Please note that the evening programme below runs from the evening of Monday the 12th August, to Friday 16th. The opening ceremony will take place on Monday 12th at 17.00. The notorious One World Cabaret will take place on the Saturday evening of the 17th August, followed by live music and party!

### 19.30 - 20.30

For All	Sound Bath	Bear Love & Collective	Hall
Over 13's	Beginners Rock 'n' Roll	Sarah Jane Miller	Peckover Hall
Over 13's	Tai Chi / Chi Kung	Rosie Harris	Marquee A
For All	Open Mike	Participants	Cafe
Teens & All	Drama & Comedy Improvisation	Ruth Swift	Teens Room

### 20.30 - 22.00

Over 17's	Jump Start to Health Programme (EP)	Verne Varona	Lecture Room
For All	Drum Circle	Craig Winterburn	Camp Fire
Over 17's	Ecstatic Temple Dance	Seth Newman	Peckover Hall
For All	Live Music	See Below	Cafe

### 22.00 - 23.00

For All	Live Music	See Below	Cafe
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## LIVE MUSIC SCHEDULE

Monday:	Dub Vocaliza , Matt Kemp
Tuesday:	Derajo, Akashik Recordings , Andy Jackson
Wednesday:	After Dark , Three Colours Red, Roberta de Franca
Thursday:	Navigantes, World Music Jam, Bandorians
Friday:	Extra Love , Air Guitar Competition, Ciaren Dempsey
Saturday:	Beat Roots , Black Starr



# PROGRAMME

The English Event, Leighton Park, Berkshire | 12th -18th August 2013

OneWorld 

summer festival

## TUESDAY 13th August

### 05.00 - 07.30

Over 17's Aquarian Sadhana Siri Sadhana Kaur Hall

### 07.00 - 08.00

Over 13's Tai Chi Russel King Meet Cafe  
Over 13's Walk, Stretch, Relax Christa Gaskell Workshop Room  
Over 17's Morning Yoga Liz Watts Peckover Hall

## BREAKFAST

### 09.30 - 11.00

Over 13's Lecture: Detox Verne Varona Lecture Room  
Over 17's Nia Dance Siri Sadhana Kaur Hall  
Over 17's Express Yourself Matt Kemp Workshop Room  
Over 17's Posture & Flexibility Workshop Jade Brown Peckover Hall  
Over 17's Journeying Conchita Scheffer Massage Room  
Over 13's Psycho Diagnostic Hand Reading Ginat Rice Room A  
Over 17's Reiki 1 & 2 Maya Ris Room B  
Over 17's Stress Management Paul Ryder Room C  
Over 17's Lifestream Michael Tanner Room D  
Over 17's Rehabilitation Pilates Paula Trafford Room E  
Over 13's Zendoodle Art - Zentangles & Zendas Rhona Crawford Room F  
Over 13's Learning the Didgeridoo Andy Mapplebeck Marquee A  
Kids & All Fun, Games & Creation Hazel Thompson Kids Area  
Kids & Family Hoops, Ropes and Parachutes Cath Mcdermott Kids Area  
Kids & All Weaving Den Kitty Schuchard Kids Area  
Kids & All Sports & Games Staff Kids Area  
Kids & All Mask Making Anna Fox Kids Area  
Kids & All Nature Walks for 4-7yr old Mary Oliver Kids Area  
Kids & All Swimming Staff Swimming Pool  
For All Tennis for All Cecilia Armelin Tennis Courts

### 11.30 - 13.00

Over 13's Electromagnetic Stress Roger Coghill Lecture Room  
Over 13's 5 Rhythms Dance Jessica Howie Hall  
Over 17's Source Breathwork (Rebirthing) Douglas Crawford Workshop Room  
Over 13's Singing for All Carol Donaldson Peckover Hall  
Over 13's Shiatsu Philippe Kusnik Massage Room  
Over 13's Qi Gong (Chi Kung) Dario Gerchi Meet Cafe  
Over 13's Creating an Art Journal Christine Matthews Room A  
Over 17's Meditation for Life Ken Collinson Room B  
Over 13's Yoga Beverley Fox Room D  
Over 13's Pilates Nikki Middlemass Room F  
Over 13's Extraordinary Meridian Stretche Aruna Venilal Room G  
Over 17's Preparing for Ecstatic Birth Roma Norriss Room H  
Over 13's Macrobiotic Cooking (£3 for ingredients) Dunja Gulin Cooking School  
Kids & All Upcycling: Junk to Jewellery Helen & Claire Kids Area  
Kids & All Zumba for Kids Ariella Uliano Kids Area  
Kids & All Fun and Games for Children Joshua Snider Kids Area  
Kids & All Weaving Den Kitty Schuchard Kids Area  
Kids & All Sports for All Staff Kids Area  
Kids & All Eco Games and Felting Fiona Cooper Kids Area  
Kids & All Puppet Making Anna Fox Kids Area  
Kids & All Swimming Staff Swimming Pool



## TUESDAY 13th August

### LUNCH

#### 14.30 - 16.00

Over 17's	Satsang	Swami Nardanand	Lecture Room
Over 13's	African Drumming	Craig Winterburn	Hall
Over 13's	Divine Magic	Tony Mills	Cafe
Over 13's	Blissful Devotional Singing	Vaishnavi Pikka	Workshop Room
Over 13's	Improvisational Comedy	Maureen Levy	Peckover Hall
Over 13's	Indian Head Massage	Lise Pratt	Massage Room
Over 17's	Family Constellations	Mia Macke	Room A
Over 17's	Art of Feminine Presence	Helen Butler	Room B
Over 13's	Spiritual Entertainment	Danny Shine	Room C
Over 17's	Open Your Heart (bring pillow/duvet)	Karen Skehel	Room D
Over 17's	The Real Me	Jon Athawes	Room E
Over 17's	Chakra Journey Workshops	Gill Black	Room F
Over 13's	Vocal Healing Sound Class	Sandira Michael	Room G
Over 13's	Secrets of Five Transformations (EP)	Ginat Rice	Room H
Over 13's	Contemporary Dance	Gabriella Catalano	Teens Room
Teens	Making a Film	Paul Cody	Teens Room
Kids & All	Singing & Dancing for Kids	Victoria Ikoku	Kids Area
Kids & All	Sports for All	Staff	Kids Area
Kids & All	Basket Making & Crafts	Craig Basketmaker	Kids Area
Kids & All	Poi to Music	Kiril Hadjiev	Kids Area
Kids & All	Bubble Craft	Megan Fitter	Kids Area
Kids & All	Games & Fun Activities	Hazel & Naomi	Kids Area
Kids & All	Drama Production	Debby Shapiro	Kids Area

#### 16.30 - 18.00

Over 17's	Course in Miracles - Introduction	Douglas Crawford	Lecture Room
Over 17's	Biodanza	Niraj	Hall
Over 13's	Dru Yoga	Jacqui Green	Workshop Room
Over 13's	Musical Comedy Improvisation	Julia Collings	Peckover Hall
Over 13's	Thai Massage	Marion Menger	Massage Room
Over 13's	Numerology: Getting To Know You	Sheldon Rice	Room A
Over 13's	Catwalk Modelling	Sandy Lee	Room B
Over 13's	Soundcircle	Shirley Whalley	Room C
Over 17's	How to Let Go of Your Children	Angelita Woosnam	Room D
Over 13's	The Law of Attraction..Simples	Benjamin Stubbs	Room F
Over 13's	Sotai	Moriko Kondo	Room G
Over 13's	Bodhrán Drum	Alan Collinson	Marquee A
Teens	Games & Space Building	Jamie Colston	Teens Room
Teens	Teen Project	Sharmila Devasya	Teens Room
Kids & All	Yoga for Kids	Victoria Ikoku	Kids Area
Kids & All	Basket Making & Crafts	Craig Basketmaker	Kids Area
Kids & All	Cooperative New Games	Dale Le Ferve	Kids Area
Kids & All	Bushcraft for Beginners	Paul Rose	Kids Area
Kids & All	Games & Fun Activities	Hazel & Naomi	Kids Area
Kids & All	Ready to Get Messy? ( Painting)	Michael Richmond	Kids Area
For All	Free Swimming	Staff	Swimming Pool

### DINNER



# PROGRAMME

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OneWorld 

summer festival

## WEDNESDAY 14th August

### 05.00 - 07.30

Over 17's Aquarian Sadhana Siri Sadhana Kaur Hall

### 07.00 - 08.00

Over 13's Tai Chi Russel King Meet Cafe  
Over 13's Walk, Stretch, Relax Christa Gaskell Workshop Room  
Over 17's Morning Yoga Liz Watts Peckover Hall

## BREAKFAST

### 09.30 - 11.00

Over 13's	Lecture: Avoiding Stress Mess	Verne Varona	Lecture Room
Over 17's	Nia Dance	Siri Sadhana Kaur	Hall
Over 17's	Express Yourself	Matt Kemp	Workshop Room
Over 17's	Posture & Flexibility Workshop	Jade Brown	Peckover Hall
Over 17's	Journeying	Conchita Scheffer	Massage Room
Over 13's	Psycho Diagnostic Hand Reading	Ginat Rice	Room A
Over 17's	Reiki 1 & 2	Maya Ris	Room B
Over 17's	Introduction to Reconnective Healing	Sally Phillips	Room C
Over 17's	The Art of Compassionate Touch	Seth Newman	Room D
Over 17's	EFT for Peak Performance	Craig Trafford	Room E
Over 13's	Zendoodle Art - Zentangles & Zendalas	Rhona Crawford	Room F
Over 13's	Learning the Didgeridoo	Andy Mapplebeck	Marquee A
Kids & All	Fun, Games & Creation	Hazel Thompson	Kids Area
Kids & Family	Hoops, Ropes and Parachutes	Cath Mcdermott	Kids Area
Kids & All	Weaving Den	Kitty Schuchard	Kids Area
Kids & All	Sports & Games	Staff	Kids Area
Kids & All	Mask Making	Anna Fox	Kids Area
Kids & All	Nature Walks for 4-7yr old	Mary Oliver	Kids Area
Kids & All	Swimming	Staff	Swimming Pool
For All	Tennis for All	Cecilia Armelin	Tennis Courts

### 11.30 - 13.00

Over 13's	Electromagnetic Stress	Roger Coghill	Lecture Room
Over 13's	5 Rhythms Dance	Jessica Howie	Hall
Over 13's	Pilates	Nikki Middlemass	Workshop Room
Over 13's	Singing for All	Carol Donaldson	Peckover Hall
Over 13's	Shiatsu	Philippe Kusnik	Massage Room
Over 13's	Qi Gong (Chi Kung)	Dario Gerchi	Meet Cafe
Over 13's	Creating an Art Journal	Christine Matthews	Room A
Over 17's	Meditation for Life	Ken Collinson	Room B
Over 13's	Yoga	Beverley Fox	Room D
Over 17's	The Law of Attraction..Simple	Benjamin Stubbs	Room F
Over 17's	Releasing Negative Emotions Gently	Michael Richmond	Room G
Over 13's	Understanding Your Sun Sign	Chrissy Ogilvie	Room H
Over 17's	Macrobiotic Cooking (£3 for ingredients)	Dunja Gulin	Cooking School
Kids & All	Upcycling: Junk to Jewellery	Helen & Claire	Kids Area
Kids & All	Come to Facepaint your Friends	Ariella Uliano	Kids Area
Kids & All	Fun and Games for Children	Joshua Snider	Kids Area
Kids & All	Weaving Den	Kitty Schuchard	Kids Area
Kids & All	Sports for All	Staff	Kids Area
Kids & All	Eco Games and Felting	Fiona Cooper	Kids Area
Kids & All	Puppet Making	Anna Fox	Kids Area
Kids & All	Swimming	Staff	Swimming Pool



## WEDNESDAY 14th August

### LUNCH

#### 14.30 - 16.00

Over 17's	Satsang	Swami Nardanand	Lecture Room
Over 13's	African Drumming	Craig Winterburn	Hall
Over 13's	Divine Magic	Tony Mills	Cafe
Over 13's	Blissful Devotional Singing	Vaishnavi Pikka	Workshop Room
Over 13's	Improvisational Comedy	Maureen Levy	Peckover Hall
Over 13's	Indian Head Massage	Lise Pratt	Massage Room
Over 17's	Talking to Trees	John Macdonald	Meet cafe
Over 17's	Family Constellations	Mia Macke	Room A
Over 17's	Holistic Reflexology	Tracy Davies	Room B
Over 17's	Aromatherapy	Robert Drury	Room C
Over 17's	Rebirthing (Source Breathwork)	Irene Garcia	Room D
Over 17's	Exploring Our Womanhood	Caroline Young	Room E
For All	Art of Modern Wizardry	Stanley Stewart	Room F
Over 17's	Hatha Meets Vipassana	Ben Smith	Room G
Over 13's	Secrets of Five Transformations (EP)	Ginat Rice	Room H
Over 13's	Contemporary Dance	Gabriella Catalano	Teens Room
Teens	Making a Film	Paul Cody	Teens Room
Kids & All	Singing & Dancing for Kids	Victoria Ikoku	Kids Area
Kids & All	Sports for All	Staff	Kids Area
Kids & All	Basket Making & Crafts	Craig Basketmaker	Kids Area
Kids & All	Poi to Music	Kiril Hadjiev	Kids Area
Kids & All	Bubble Craft	Megan Fitter	Kids Area
Kids & All	Games & Fun Activities	Hazel & Naomi	Kids Area
Kids & All	Drama Production	Debby Shapiro	Kids Area

#### 16.30 - 18.00

Over 17's	What Is The Atonement?	Bear Love	Lecture Room
Over 17's	Biodanza	Niraj	Hall
Over 13's	Dru Yoga	Jacqui Green	Workshop Room
Over 13's	Musical Comedy Improvisation	Julia Collings	Peckover Hall
Over 13's	Thai Massage	Marion Menger	Massage Room
Over 13's	Numerology: Getting To Know You	Sheldon Rice	Room A
Over 13's	Catwalk Modelling	Sandy Lee	Room B
Over 13's	Vocal Healing Sound Class	Sandira Michael	Room C
Over 17's	Nutrition for the NOW	Julie Silver	Room D
Over 17's	Hypnotherapy	Brian Jacobs	Room F
Over 17's	Seed of Life Visualisation	Anton Kornblum	Room G
Over 17's	Pulse Meditation	Alan Collinson	Marquee A
Teens	What Matters to You as a Young Person?	Jamie Colston	Teens Room
Teens	Teen Project	Sharmila Devasya	Teens Room
Kids & All	Yoga for Kids	Victoria Ikoku	Kids Area
Kids & All	Basket Making & Crafts	Craig Basketmaker	Kids Area
Kids & All	Cooperative New Games	Dale Le Ferve	Kids Area
Kids & All	Bushcraft for Beginners	Paul Rose	Kids Area
Kids & All	Games & Fun Activities	Hazel & Naomi	Kids Area
Kids & All	Ready to Get Messy? ( Painting)	Michael Richmond	Kids Area
For All	Aqua Fit or Free Swimming	Maxine Coles	Swimming Pool

### DINNER



# PROGRAMME

The English Event, Leighton Park, Berkshire | 12th -18th August 2013

OneWorld 

summer festival

## THURSDAY 15th August

### 05.00 - 07.30

Over 17's      Aquarian Sadhana      Siri Sadhana Kaur      Hall

### 07.00 - 08.00

Over 13's      Tai Chi      Russel King      Meet Cafe  
Over 13's      Walk, Stretch, Relax      Christa Gaskell      Workshop Room  
Over 17's      Therapeutic Yoga      Tracy Davies      Peckover Hall

## BREAKFAST

### 09.30 - 11.00

Over 13's	Lecture: Real Chow Now	Verne Varona	Lecture Room
Over 17's	Nia Dance	Siri Sadhana Kaur	Hall
Over 17's	Express Yourself	Matt Kemp	Workshop Room
Over 17's	Posture & Flexibility Workshop	Jade Brown	Peckover Hall
Over 17's	Journeying	Conchita Scheffer	Massage Room
Over 13's	Psycho Diagnostic Hand Reading	Ginat Rice	Room A
Over 17's	Reiki 1 & 2	Maya Ris	Room B
Over 17's	Emotional Intelligence	Paul Ryder	Room C
Over 17's	Lifestream	Michael Tanner	Room D
Over 17's	Rehabilitaton Pilates	Paula Trafford	Room E
Over 13's	Zendoodle Art - Zentangles & Zendalas	Rhona Crawford	Room F
Over 13's	Learning the Didgeridoo	Andy Mapplebeck	Marquee A
Kids	Fun, Games & Creation	Hazel Thompson	Kids Area
Kids & Family	Hoops, Ropes and Parachutes	Cath Mcdermott	Kids Area
Kids	Weaving Den	Kitty Schuchard	Kids Area
Kids & All	Sports & Games	Staff	Kids Area
Kids	Mask Making	Anna Fox	Kids Area
Kids	Nature Walks for 4-7yr old	Mary Oliver	Kids Area
Kids & All	Swimming	Staff	Swimming Pool
For All	Tennis for All	Cecilia Armelin	Tennis Courts

### 11.30 - 13.00

Over 13's	Electromagnetic Stress	Roger Coghill	Lecture Room
Over 13's	5 Rhythms Dance	Jessica Howie	Hall
Over 17's	Source Breathwork (Rebirthing)	Douglas Crawford	Workshop Room
Over 13's	Singing for All	Carol Donaldson	Peckover Hall
Over 13's	Shiatsu	Philippe Kusnik	Massage Room
Over 13's	Qi Gong (Chi Kung)	Dario Gerchi	Meet Cafe
Over 13's	Creating an Art Journal	Christine Matthews	Room A
Over 17's	Meditation for Life	Ken Collinson	Room B
Over 13's	Yoga	Beverley Fox	Room D
Over 13's	Pilates	Nikki Middlemass	Room F
Over 17's	Rose Energy Alchemy	Sandra Marie Humby	Room G
Over 17's	Space Clearing & Home Alignment	Christian Kyriacou	Room H
Over 17's	Macrobiotic Cooking (£3 for ingredients)	Yuka Noguchi	Cooking School
Kids & All	Upcycling: Junk to Jewellery	Helen & Claire	Kids Area
Kids & All	Zumba for Kids	Ariella Uliano	Kids Area
Kids & All	Fun and Games for Children	Joshua Snider	Kids Area
Kids & All	Weaving Den	Kitty Schuchard	Kids Area
Kids & All	Sports for All	Staff	Kids Area
Kids & All	Eco Games and Felting	Fiona Cooper	Kids Area
Kids & All	Puppet Making	Anna Fox	Kids Area
Kids & All	Swimming	Staff	Swimming Pool





## THURSDAY 15th August

### LUNCH

#### 14.30 - 16.00

Over 17's	Satsang	Swami Nardanand	Lecture Room
Over 13's	African Drumming	Craig Winterburn	Hall
Over 13's	Divine Magic	Tony Mills	Cafe
Over 13's	Blissful Devotional Singing	Vaishnavi Pikka	Workshop Room
Over 13's	Improvitational Comedy	Maureen Levy	Peckover Hall
Over 13's	Indian Head Massage	Lise Pratt	Massage Room
Over 17's	Family Constellations	Mia Macke	Room A
Over 17's	Art of Feminine Presence	Helen Butler	Room B
Over 13's	Spiritual Entertainment	Danny Shine	Room C
Over 17's	Open Your Heart (bring pillow/duvet)	Karen Skehel	Room D
Over 17's	The Real Me	Jon Athawes	Room E
Over 17's	Chakra Journey Workshops	Gill Black	Room F
Over 13's	Gong Bath	Sandira Michael	Room G
Over 13's	Secrets of Five Transformations (EP)	Ginat Rice	Room H
Over 13's	Contemporary Dance	Gabriella Catalano	Teens Room
Teens	Making a Film	Paul Cody	Teens Room
Kids & All	Singing & Dancing for Kids	Victoria Ikoku	Kids Area
Kids & All	Sports for All	Staff	Kids Area
Kids & All	Basket Making & Crafts	Craig Basketmaker	Kids Area
Kids & All	Poi to Music	Kiril Hadjiev	Kids Area
Kids & All	Bubble Craft	Megan Fitter	Kids Area
Kids & All	Games & Fun Activities	Hazel & Naomi	Kids Area
Kids & All	Drama Production	Debby Shapiro	Kids Area

#### 16.30 - 18.00

Over 17's	Course in Miracles - 3 Steps to Peace	Douglas Crawford	Lecture Room
Over 17's	Biodanza	Niraj	Hall
Over 13's	Dru Yoga	Jacqui Green	Workshop Room
Over 13's	Musical Comedy Improvisation	Julia Collings	Peckover Hall
Over 13's	Thai Massage	Marion Menger	Massage Room
Over 13's	Numerology: Getting To Know You	Sheldon Rice	Room A
Over 13's	Catwalk Modelling	Sandy Lee	Room B
Over 13's	Soundcircle	Shirley Whalley	Room C
Over 17's	How to Let Go of Your Children	Angelita Woosnam	Room D
Over 13's	Classical Music Chill Out	Jim Crawford	Room F
Over 13's	Sotai	Moriko Kondo	Room G
Over 13's	Bodhrán Drum	Alan Collinson	Marquee A
Teens	Getting Heard by Adults	Jamie Colston	Teens Room
Teens	Teen Project	Sharmila Devasya	Teens Room
Kids & All	Yoga for Kids	Victoria Ikoku	Kids Area
Kids & All	Basket Making & Crafts	Craig Basketmaker	Kids Area
Kids & All	Cooperative New Games	Dale Le Ferve	Kids Area
Kids & All	Bushcraft for Beginners	Paul Rose	Kids Area
Kids & All	Games & Fun Activities	Hazel & Naomi	Kids Area
Kids & All	Ready to Get Messy? ( Painting)	Michael Richmond	Kids Area
For All	Aqua Fit or Free Swimming	Maxine Coles	Swimming Pool

### DINNER



# PROGRAMME

The English Event, Leighton Park, Berkshire | 12th -18th August 2013

OneWorld 

summer festival

## FRIDAY 16th August

### 05.00 - 07.30

Over 17's Aquarian Sadhana Siri Sadhana Kaur Hall

### 07.00 - 08.00

Over 13's Tai Chi  
Over 13's Walk, Stretch, Relax  
Over 17's Morning Yoga  
Russel King  
Christa Gaskell  
Liz Watts  
Meet Cafe  
Workshop Room  
Peckover Hall

## BREAKFAST

### 09.30 - 11.00

Over 13's Lecture: No More Cravings  
Over 17's Nia Dance  
Over 17's Express Yourself  
Over 17's Posture & Flexibility Workshop  
Over 17's Journeying  
Over 13's Psycho Diagnostic Hand Reading  
Over 17's Reiki 1 & 2  
Over 17's Introduction to Reconnective Healing  
Over 17's The Art of Compassionate Touch  
Over 17's Picture Tapping Technique  
Over 13's Zendoodle Art - Zentangles & Zendalas  
Over 13's Learning the Didgeridoo  
Kids & All Fun, Games & Creation  
Kids & Family Hoops, Ropes and Parachutes  
Kids & All Weaving Den  
Kids & All Sports & Games  
Kids & All Mask Making  
Kids & All Nature Walks for 4-7yr old  
Kids & All Swimming  
For All Tennis for All  
Verne Varona  
Siri Sadhana Kaur  
Matt Kemp  
Jade Brown  
Conchita Scheffer  
Ginat Rice  
Maya Ris  
Sally Phillips  
Seth Newman  
Craig Trafford  
Rhona Crawford  
Andy Mapplebeck  
Hazel Thompson  
Cath Mcdermott  
Kitty Schuchard  
Staff  
Anna Fox  
Mary Oliver  
Staff  
Cecilia Armelin  
Lecture Room  
Hall  
Workshop Room  
Peckover Hall  
Massage Room  
Room A  
Room B  
Room C  
Room D  
Room E  
Room F  
Marquee A  
Kids Area  
Kids Area  
Kids Area  
Kids Area  
Kids Area  
Kids Area  
Swimming Pool  
Tennis Courts

### 11.30 - 13.00

Over 13's Electromagnetic Stress  
Over 13's 5 Rhythms Dance  
Over 13's Pilates  
Over 13's Singing for All  
Over 13's Shiatsu  
Over 13's Qi Gong (Chi Kung)  
Over 13's Creating an Art Journal  
Over 17's Meditation for Life  
Over 13's Yoga  
Over 17's The Law of Attraction..Simples  
Over 17's Extraordinary Meridian Stretche  
Over 17's Understanding Your Moon Sign  
Over 17's Macrobiotic Cooking (£3 for ingredients)  
Kids & All Upcycling: Junk to Jewellery  
Kids & All Come to Facepaint your Friends  
Kids & All Fun and Games for Children  
Kids & All Weaving Den  
Kids & All Sports for All  
Kids & All Eco Games and Felting  
Kids & All Puppet Making  
Kids & All Swimming  
Roger Coghill  
Jessica Howie  
Nikki Middlemass  
Carol Donaldson  
Philippe Kusnik  
Dario Gerchi  
Christine Matthews  
Ken Collinson  
Beverley Fox  
Benjamin Stubbs  
Aruna Venilal  
Chrissy Ogilvie  
Angela Agrati  
Helen & Claire  
Ariella Uliano  
Joshua Snider  
Kitty Schuchard  
Staff  
Fiona Cooper  
Anna Fox  
Staff  
Lecture Room  
Hall  
Workshop Room  
Peckover Hall  
Massage Room  
Meet Cafe  
Room A  
Room B  
Room D  
Room F  
Room G  
Room H  
Cooking School  
Kids Area  
Kids Area  
Kids Area  
Kids Area  
Kids Area  
Kids Area  
Swimming Pool





## FRIDAY 16th August

### LUNCH

#### 14.30 - 16.00

Over 17's	Macrobiotic Food - Science, Emotions & 9 Star Ki	Cecilia Armelin	Lecture Room
Over 13's	African Drumming	Craig Winterburn	Hall
Over 13's	Divine Magic	Tony Mills	Cafe
Over 13's	Blissful Devotional Singing	Vaishnavi Pikka	Workshop Room
Over 13's	Improvistional Comedy	Maureen Levy	Peckover Hall
Over 13's	Indian Head Massage	Lise Pratt	Massage Room
Over 17's	Talking to Trees	John Macdonald	Meet cafe
Over 17's	Family Constellations	Mia Macke	Room A
Over 17's	Holistic reflexology	Tracy Davies	Room B
Over 17's	The Bowen Therapy	Robert Drury	Room C
Over 17's	Healing Your Eyesight Naturally	Irene Garcia	Room D
Over 17's	Exploring Our Womanhood	Caroline Young	Room E
For All	Art of Modern Wizardry	Stanley Stewart	Room F
Over 17's	Hatha meets Vipassana	Ben Smith	Room G
Over 13's	Secrets of Five Transformations (EP)	Ginat Rice	Room H
Over 13's	Contemporary Dance	Gabriella Catalano	Teens Room
Teens	Making a Film	Paul Cody	Teens Room
Kids & All	Singing & Dancing for Kids	Victoria Ikoku	Kids Area
Kids & All	Sports for All	Staff	Kids Area
Kids & All	Basket Making & Crafts	Craig Basketmaker	Kids Area
Kids & All	Poi to Music	Kiril Hadjiev	Kids Area
Kids & All	Bubble Craft	Megan Fitter	Kids Area
Kids & All	Games & Fun Activities	Hazel & Naomi	Kids Area
Kids & All	Drama Production	Debby Shapiro	Kids Area

#### 16.30 - 18.00

Over 17's	Walking on the Path of Happiness	Bear Love	Lecture Room
Over 17's	Biodanza	Niraj	Hall
Over 13's	Dru Yoga	Jacqui Green	Workshop Room
Over 13's	Musical Comedy Improvisation	Julia Collings	Peckover Hall
Over 13's	Thai Massage	Marion Menger	Massage Room
Over 13's	Numerology: Getting To Know You	Sheldon Rice	Room A
Over 13's	Catwalk Modelling	Sandy Lee	Room B
Over 13's	Gong Bath	Sandira Michael	Room C
Over 17's	How to Let Go of Your Children	Angelita Woosnam	
Over 17's	Hypnotherapy	Brian Jacobs	Room F
Over 17's	Seed of Life Visualisation	Anton Kornblum	Room G
Over 17's	Pulse Meditation	Alan Collinson	Marquee A
Teens	An Adventure	Jamie Colston	Teens Room
Teens	Teen Project	Sharmila Devasya	Teens Room
Kids & All	Yoga for Kids	Victoria Ikoku	Kids Area
Kids & All	Basket Making & Crafts	Craig Basketmaker	Kids Area
Kids & All	Cooperative New Games	Dale Le Ferve	Kids Area
Kids & All	Bushcraft for Beginners	Paul Rose	Kids Area
Kids & All	Games & Fun Activities	Hazel & Naomi	Kids Area
Kids & All	Ready to Get Messy? ( Painting)	Michael Richmond	Kids Area
For All	Aqua Fit or Free Swimming	Maxine Coles	Swimming Pool

### DINNER



# PROGRAMME

The English Event, Leighton Park, Berkshire | 12th -18th August 2013

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summer festival

## SATURDAY 17th August

### 05.00 - 07.30

Over 17's      Aquarian Sadhana      Siri Sadhana Kaur      Hall

### 07.00 - 08.00

Over 13's      Tai Chi      Russel King      Meet Cafe  
Over 13's      Walk, Stretch, Relax      Christa Gaskell      Workshop Room  
Over 17's      Morning Yoga      Liz Watts      Peckover Hall

## BREAKFAST

### 09.30 - 11.00

Over 13's	Lecture: The Art Of Self-Diagnosis	Verne Varona	Lecture Room
Over 17's	Nia Dance	Siri Sadhana Kaur	Hall
Over 17's	Express Yourself	Matt Kemp	Workshop Room
Over 17's	Posture & Flexibility Workshop	Jade Brown	Peckover Hall
Over 17's	Journeying	Conchita Scheffer	Massage Room
Over 13's	Psycho Diagnostic Hand Reading	Ginat Rice	Room A
Over 17's	Reiki 1 & 2	Maya Ris	Room B
Over 17's	Confidence & Self Esteem	Paul Ryder	Room C
Over 17's	Lifestream	Michael Tanner	Room D
Over 17's	Rehabilitaton Pilates	Paula Trafford	Room E
Over 13's	Zendoodle Art - Zentangles & Zendas	Rhona Crawford	Room F
Over 13's	Learning the Didgeridoo	Andy Mapplebeck	Marquee A
Kids & All	Fun, Games & Creation	Hazel Thompson	Kids Area
Kids & Family	Hoops, Ropes and Parachutes	Cath Mcdermott	Kids Area
Kids & All	Weaving Den	Kitty Schuchard	Kids Area
Kids & All	Sports & Games	Staff	Kids Area
Kids & All	Mask Making	Anna Fox	Kids Area
Kids & All	Nature Walks for 4-7yr old	Mary Oliver	Kids Area
Kids & All	Swimming	Staff	Swimming Pool
For All	Tennis for All	Cecilia Armelin	Tennis Courts

### 11.30 - 13.00

Over 13's	Electromagnetic Stress	Roger Coghill	Lecture Room
Over 13's	5 Rhythms Dance	Jessica Howie	Hall
Over 17's	Source Breathwork (Rebirthing)	Douglas Crawford	Workshop Room
Over 13's	Singing for All	Carol Donaldson	Peckover Hall
Over 13's	Shiatsu	Philippe Kusnik	Massage Room
Over 13's	Qi Gong (Chi Kung)	Dario Gerchi	Meet Cafe
Over 13's	Creating an Art Journal	Christine Matthews	Room A
Over 17's	Meditation for Life	Ken Collinson	Room B
Over 13's	Yoga	Beverley Fox	Room D
Over 13's	Pilates	Nikki Middlemass	Room F
Over 17's	Extraordinary Meridian Stretche	Aruna Venilal	Room G
Over 17's	Preparing for Ecstatic Birth	Roma Norriss	Room H
Over 17's	Macrobiotic Cooking (£3 for ingredients)	Yuka Noguchi	Cooking School
Kids & All	Upcycling: Junk to Jewellery	Helen & Claire	Kids Area
Kids & All	Zumba for Kids	Ariella Uliano	Kids Area
Kids & All	Fun and Games for Children	Joshua Snider	Kids Area
Kids & All	Weaving Den	Kitty Schuchard	Kids Area
Kids & All	Sports for All	Staff	Kids Area
Kids & All	Eco Games and Felting	Fiona Cooper	Kids Area
Kids & All	Interactive Kids Puppet Show	Anna Fox	Kids Area
Kids & All	Swimming	Staff	Swimming Pool



## SATURDAY 17th August

### LUNCH

#### 14.30 - 16.00

Over 17's	Talk: Jump Start Your Health!	Verne Varona	Lecture Room
Over 13's	African Drumming	Craig Winterburn	Hall
Over 13's	Divine Magic	Tony Mills	Cafe
Over 13's	Blissful Devotional Singing	Vaishnavi Pikka	Workshop Room
Over 13's	Improvisational Comedy	Maureen Levy	Peckover Hall
Over 13's	Indian Head Massage	Lise Pratt	Massage Room
Over 17's	Family Constellations	Mia Macke	Room A
Over 17's	Art of Feminine Presence	Helen Butler	Room B
Over 13's	Spiritual Entertainment	Danny Shine	Room C
Over 17's	Open Your Heart (bring pillow/duvet)	Karen Skehel	Room D
Over 17's	The Real Me	Jon Athawes	Room E
Over 17's	Chakra Journey Workshops	Gill Black	Room F
Over 17's	Hatha meets Vipassana	Ben Smith	Room G
Over 13's	Secrets of Five Transformations (EP)	Ginat Rice	Room H
Over 13's	Contemporary Dance	Gabriella Catalano	Teens Room
Teens	Making a Film	Paul Cody	Teens Room
Kids & All	Singing & Dancing for Kids	Victoria Ikoku	Kids Area
Kids & All	Sports for All	Staff	Kids Area
Kids & All	Basket Making & Crafts	Craig Basketmaker	Kids Area
Kids & All	Poi to Music	Kiril Hadjiev	Kids Area
Kids & All	Bubble Craft	Megan Fitter	Kids Area
Kids & All	Games & Fun Activities	Hazel & Naomi	Kids Area
Kids & All	Drama Production	Debby Shapiro	Kids Area

#### 16.30 - 18.00

Over 17's	Course in Miracles - Q & A	Douglas Crawford	Lecture Room
Over 17's	Biodanza	Niraj	Hall
Over 13's	Dru Yoga	Jacqui Green	Workshop Room
Over 13's	Musical Comedy Improvisation	Julia Collings	Peckover Hall
Over 13's	Thai Massage	Marion Menger	Massage Room
Over 13's	Numerology: Getting To Know You	Sheldon Rice	Room A
Over 13's	Catwalk Modelling	Sandy Lee	Room B
Over 13's	Soundcircle	Shirley Whalley	Room C
Over 17's	Exploring Our Womanhood	Caroline Young	Room D
Over 19's	Correct Pelvis & Heal Back Pain	Alexander Barrie	Room F
Over 13's	Sotai	Moriko Kondo	Room G
Over 13's	Bodhrán Drum	Alan Collinson	Marquee A
Teens	Closing Circle & Celebration	Jamie Colston	Teens Room
Teens	Teen Project	Sharmila Devasya	Teens Room
Kids & All	Yoga for Kids	Victoria Ikoku	Kids Area
Kids & All	Basket Making & Crafts	Craig Basketmaker	Kids Area
Kids & All	Cooperative New Games	Dale Le Ferve	Kids Area
Kids & All	Bushcraft for Beginners	Paul Rose	Kids Area
Kids & All	Games & Fun Activities	Hazel & Naomi	Kids Area
Kids & All	Ready to Get Messy? ( Painting)	Michael Richmond	Kids Area
For All	Aqua Fit or Free Swimming	Maxine Coles	Swimming Pool

### DINNER



## SUNDAY 18th August

08.00 - 09.00

over 13's Tai Chi  
over 13's Walk, Stretch, Relax  
over 17's Morning Yoga

Russel King  
Christa Gaskell  
Liz Watts

Meet Cafe  
Workshop Room  
Peckover Hall

BRUNCH 09.00 - 10.00

11.00 - 11.30 Closing Ceremony

Staff

Central Lawn

12.00 - 18.00 Open Day! Programme to be announced

## EDUCATIONAL PROGRAMMES

£40 Jump Start Your Health!

£20 The Secret of the Five Transformations

£30 Reiki Level 1 & 2

free Divine Awaikining

Verve Varona, Angela Agrati & Others

Ginat Rice

Maya Ris

Swami Nardanand

Look for EP code in the Programme

